

SUMMER SPEAKER SERIES

WELLNESS FOR AGING ADULTS

We welcome patients, families and the surrounding community to participate in relevant conversations about aging and well-being.

5570 Sterrett Place, Suite 303

Columbia, MD 21044

All Sessions In-Person at Clinic & Virtual on Zoom



JUNE 8 - JULY 27



MONDAYS, 12PM - 12:45PM



Erica Matzkin,
OTR/L,
June 8th
*Time Management
and Organization*



Andrea Bendig,
MSN RN CDP,
June 15th
Caring for the Caregiver



Erin Karara
PharmD, MBA, BCGP
June 22nd
The Med-List Minimalist



Avi Golden
Aphasia & Disabilities
Advocate, EMT
June 29th
*Adapted Sports for People
with Disabilities*



Susanne Hewes
BS-BMS, PA-C
July 6th
*How to Prepare for
Neurology Appointments*



Rosanne Bloom
DDS, MS, NBC-HWC,
FMCHC
July 13th
*The Power of Light:
Circadian Rhythm and
Health*



Liana Morris
Laughter Specialist
July 20th
*Laughter is Freedom
Expressed*



Christine Nissly,
MSW, MLSW
July 27th
*The Unmasking Brain Injury
Project*

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PROVIDERS, CAREGIVERS &
THE COMMUNITY**

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